Social & Emotional Learning

FINDING JOY

Left: Ellsworth Kelly, *High Yellow*, 1960
Oil on canvas, 80 9/16 x 57 13/16 in., Blanton Museum of Art, The University of Texas at Austin, Gift of Mari and James A. Michener, 1991

Right: Shara Hughes, *You’re Highly Evolved And Beautiful*, 2019
Oil and acrylic on canvas, 68 x 60 in., Blanton Museum of Art, The University of Texas at Austin, Purchase through the generosity of Erika and John Toussaint

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abstract

*Abstract art,* an idea may be taken from something in the world, but the colors, shapes, and lines in the work are used more for expression than description.

contemplation

The act of looking, wondering, and considering.

preparatory

Done in order to get ready for something.

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COMPARE & CONTRAST

What words would you use to describe these two works of art? If a word could apply to both, write it in the area where the circles overlap.

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**High Yellow**

**You’re Highly Evolved And Beautiful**
Take an idea from the world around you as inspiration for a drawing, but focus on the abstract elements like color, shape, or line instead of trying to describe your source in detail.

Think about the expression, “You find what you’re looking for.” Has that been true in your own experience?
FINDING JOY
For the next two days, be on the lookout for moments that give you joy. Write about those moments here.

SHARING JOY
Make a plan that you think will give someone else a moment of joy. Make notes about what you will do — and later, how the person reacted.

FIND OUT MORE...
Learn about what abstraction meant to Ellsworth Kelly and Shara Hughes:
Watch Ellsworth Kelly Explains Abstraction by SFMOMA on YouTube at bit.ly/SELResource7
Watch Shara Hughes Gets Lost in Paint by ArtDrunk on YouTube at bit.ly/SELResource8
Take a look inside Ellsworth Kelly's largest artwork ever, Austin:
Explore KellyattheBlanton.org

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